

2010 Ravens Roost Blood Drive

Saturday, October 30th

11am to 2pm



Held at the Howard County Library

"Miller Branch"

9421 Frederick Rd

Ellicott City, MD 21042



"a pint for a pint"



Jilly's Bar & Grille will be offering donors a chip for a **free pint of beer** @ their Ellicott City location!



MedStar will give LSP (LifeStyle Profiles) and **free tee shirts** to everyone to who attempts to donate*. Refreshments will be provided!

**Donors must provide a photo ID; be at least 21 years old and weigh a minimum of 110 lbs.*

For more information call Bob Caldwell 240-606-7486

walkmd@juno.com

"Hey Ravens Fans! Visit us at www.ravensroost4.com"